

How To Discern the Voice of God

Heavenly Voices

Many ordinary practicing Christians who love the Lord and follow the Commandments, hear His holy Voice. Jesus said, "I am the good Shepherd, and I know mine, and mine know me" (John 10:14) and "My sheep hear my voice and I know them and they follow me" (John 10:27).

The Lord speaks to us in many ways, through visions, divine inspiration, dreams, Word of Knowledge, and even directly in a one-on-one conversation. Jesus can speak to us at any time of our day, but most likely we hear or receive His message when we are in prayer. In contemplative prayer, when we are offering Him our love, praise and prayers, He returns His love back to us with suggestions, images, and infused knowledge. The most common place we hear the Voice of God, is in Church, during Eucharistic Adoration, after Holy Communion when we are in one with our Savior.

The Lord's Voice is soft spoken. He has a gentle and calming male Voice. It does not make you fear, but gives you peace, hope and joy. The Lord does not command you to do this or that, He suggests! Have you ever had a thought in your mind like this: "If you do this, it might work out better than doing that"? Jesus never demands you to do something, because He gave us the gift of "free will". Our Savior is always a gentleman, never demanding, Jesus asks a question of what is better for you, what is a better solution in your life. Since we have a Guardian Angel assigned to us, we may be hearing or receiving guidance from him or her. The saints in Heaven may also come and visit, they too can advise us and lead us to Heaven. It IS NOT by your own self awareness, self brilliance or self anything, you are not alone the question is are you or have you allowed evil to run your life? Either Jesus is guiding you are evil is. Sometimes we hear other voices, voices that are not from our Lord Jesus.

Demonic Voices

If you hear an internal voice tell you to do something such as: "You must do this, or you must do that!"; then rebuke that voice because it is not from the Lord. Try to discern what sin the evil voice is leading you to do, such as: "It's after 6:00 p.m., you had a hard day, go ahead and fix a drink, you deserve it." This example is an evil spirit working on your becoming an alcoholic. You should reflect on your own sins, what may be the cause of this temptation and go to Confession! In the book of Wisdom, Chapter 11:17 it states: "That they would know [meaning you and I would know] that by what things a man [or woman] sinneth, by the same also he is tormented." Meaning, if we sin by stealing things, the evil spirits of stealing will attach to us and tempt us to steal other items. This is true until we go to Confession, confess our sins and repent of our stealing in the first place. This is how it works spiritually.

There is a new kids movie out that depicts the "voices and personalities" in a kids mind. The characters that are cartoons, that are speaking to the kid, advising and influencing. What you do not know is that these characters are actually demonic, but made to represent hilarious fiction of a kids imagination.

Who Is Speaking To You?

Now it is time for you to discern. What "voice" is speaking to you? Is it soft, gentle or demanding? You need to realize that the evil one is attempting to speak to you and you need to fight his evil inclinations, or temptations! Pray for more discernment and Jesus will oblige you.

Lastly, Confirm With Scripture

You can ask the Lord to give you a Scripture from the Holy Bible. If you pray first and ask the Lord to help guide you and ask Him for a Scripture, He will offer you one. Remember, it will be a gentle Voice speaking, so you need to accept the Scripture you hear. Take your time, pray and believe!